WYOMING

Walk with an expert for learning, health, and wellness in this FREE & FUN walking series. Get to know Wyoming, make new friends, and exercise in a whole new way!

WYOMING Walks offers a unique opportunity to walk alongside knowledgeable volunteers and Extension Educators who advocate for learning, health, and wellness.

Experience your city, county, and state while forging new friendships and enjoying invigorating exercise. Participants benefit from walking with experts, exploring a range of topics such as downtown architecture, photography, local history, flora and fauna, bird watching, and the wonders of Wyoming.

Enjoy the advantages of good exercise habits, engage with fascinating subjects, connect meaningfully with fellow walkers, and relish the opportunity to blend fitness with enjoyable learning experiences.



