

# FOOD PRESERVATION FAIR EXHIBIT AND JUDGING GUIDELINES

It is imperative that home canned foods be judged correctly to ensure proper food safety. The goals of a food preservation fair judge are to educate the fair exhibitors on the proper procedures for safely canning and exhibiting preserved foods and to also judge the quality of the exhibits. The goals of the fair personnel are to hire a properly trained judge to evaluate the food preservation entries and to keep the judge safe and healthy while doing their job of judging at the fair.

A judge must have special training to judge food preservation exhibits, as the mishandling and incorrect judging could cause a food-borne illness and even the potential of death. The only canned items that can be opened and tasted for judging include jellies, jams, and other soft spreads. No other canned products, including fruits, pickles, fermented products, vegetables, and meats, can be opened when being judged and definitely cannot be tasted. Dried and freeze-dried foods can be opened and can be tasted.

In addition to the food safety aspect, there is the food waste issue. If jars of home canned foods, other than jellies and soft spreads, are opened during judging, these jars of foods must be disposed of after being exhibited on a shelf and not refrigerated during the duration of the fair. This fair judging procedure has caused an economic hardship to the exhibitors due to food waste, which will negatively affect the number of food preservation exhibitors and exhibits at the fairs. There is a huge investment of time, labor, and money in preparing canned foods, and the needless wasting of those products is a shame.

Following are updated food preservation guidelines for both Open Class and 4-H exhibits. A list of recommended Open Class Food Preservation divisions and classes is also included.

## Food preservation exhibit guidelines

The following guidelines must be followed to ensure proper food preservation methods were used by the exhibitor, which in turn will then ensure proper food safety for the exhibitor and the judge. All guidelines must be followed. If guidelines are not followed, that is grounds for disqualification of the exhibit.

- 1. Exhibits entered must have been prepared since the previous year's fair and have never been entered in fair before.
- 2. All canned fruits, vegetables, meats, pickled products, and jelly products must be prepared following the recipes and procedures, including the proper adjustments for altitude, from one of the approved sources listed below. When submitting canned foods for fair competition, do not use canning directions and recipes sourced from vintage canning recipes, recommendations from friends and family members, instructions from old canning books, mass media, the internet, and blog posts, unless they are from Extension or other approved sources.
  - Ball Blue Book Guide to Preserving, 37<sup>th</sup> edition 2020
  - Ball Blue Book Guide to Preserving, 38th edition 2024
  - Ball Complete Book of Home Preserving 2020 edition
  - Ball Canning Back to Basics 2017
  - The All-New Ball Book of Canning and Preserving 2016

- So Easy to Preserve, 6<sup>th</sup> edition 2020
- Complete Guide to Home Canning, USDA revised 2015
- Preserving Food in Wyoming, University of Wyoming Extension 2024
- Commercial pectin recipes and manufacturer's instructions, and
- Other up-to-date Extension publications
- 3. All canned foods must be exhibited in clear standard Mason jars, using the size of jar specified in the recipe.
- 4. No colored jars can be used.
- 5. Jelly and fruit spread products must be exhibited in regulation ½ pint or pint jelly jars that are sealed without paraffin.
- 6. Two-piece metal canning lids (flat lid and band) must be used on all jars.
- 7. Jars must be exhibited with the canning rings on.
- 8. All jars, lids, and screw bands must be clean and free of any residue or rust.
- 9. Any jars showing leaks and/or spoilage will not be judged and will be disqualified.
- 10. All canned foods MUST be labeled by attaching a Food Preservation label to the side of the jar or to the entry tag. If Food Preservation label is not attached to a jar or entry tag, that jar will be disqualified from judging. The Food Preservation label must include the following information:
  - Name of product
  - Process method: Boiling water or Pressure (circle process used)
  - Processing time
  - Altitude processed at
  - Pounds pressure; Dial gauge or Weighted gauge (circle type of gauge used)
  - Style of Pack: Raw or Hot (circle style used)
  - Date processed
  - Source of recipe and page number of recipe
  - Attach copy of recipe to the label and entry tag

## IF LABEL IS NOT ATTACHED, THE EXHIBIT WILL BE DISQUALIFIED.

## Suggested open class food preservation divisions and classes

Jellies, jams, preserves, marmalades, conserves, syrups, and butters (Divisions 1–3) may be opened and tasted during judging. Dried foods and freeze-dried foods may be opened and tasted (Divisions 10 and 11).

Due to potential hazards of food-borne illness, judges WILL NOT open any other canned food entries, including canned fruit, tomatoes and tomato products, canned vegetables, canned meat, pickles and relishes or condiments (Divisions 4–9).

There are basically two systems of judging that are commonly used in fair judging—the American System and the Danish System. Check with the superintendent or agent in charge before you begin judging to clarify which system you will be using and how many placings you will be required to make.

## American System

Exhibits in this system are compared against a standard of perfection, as well as against the other entries in the competition. All exhibits in a particular class are looked at and ranked with only one selected for first place, second place, third place, etc. If there are no high-quality exhibits, at the judge's discretion, exhibits may be placed in the appropriate position, even if it is second or third place.

## **Danish System**

In this system, all exhibitors receive a ribbon. All exhibits are grouped according to quality, and there may be multiple entries that get the same ranking and ribbon. Quality may vary from excellent to fair, and ribbon categories may be blue, red, white, and/or yellow. In this system of judging, exhibits are not in competition with or compared to each other. Champion and Reserve Champion ribbons will be awarded when exhibit merit is warranted.

## **Division 1: Jelly**

Judging criteria: Flavor, color, clearness, consistency (firm, yet tender and quivery); proper jar head space

Class 1 Currant Class 2 Wild Currant Class 3 Chokecherry Class 4 Apple Class 5 Crab Apple

- Class 6 Grape Class 7 Gooseberry Class 8 Strawberry Class 9 Blackberry Class 10 Raspberry
- Class 11 Cherry Class 12 Plum Class 13 Peach (yellow) Class 14 Jalapeno Class 15 Any other, not listed Class 16 Best display of jellies, 3 different varieties

## **Division 2: Jam**

Judging criteria: Flavor and color characteristic of fruit used. Consistency of size and shape of fruit pieces and distribution throughout mixture; proper jar headspace

Class 1 Blackberry	Class 5 Plum	Class 9 Apricot
Class 2 Cherry	Class 6 Strawberry	Class 10 Any other, not listed
Class 3 Chokecherry	Class 7 Raspberry	Class 11 Best display of jams,
Class 4 Grape	Class 8 Peach (yellow)	3 different varieties

## Division 3: Preserves, marmalades, conserves, syrups, and butters

Judging criteria: Flavor and color characteristic of fruit used. Consistency of size and shape of fruit pieces and distribution throughout mixture; proper jar headspace

- Class 1 Peach (yellow) Preserves Class 2 Plum Preserves Class 3 Strawberry Preserves Class 4 Apricot Preserves Class 5 Raspberry Preserve Class 6 Watermelon Preserves Class 7 Tomato Preserves Class 8 Cherry Preserves
- Class 9 Currant Preserves Class 10 Pear Preserves Class 11 Any other Preserve Class 12 Orange Marmalade Class 13 Apricot Marmalade Class 14 Peach (yellow) Marmalade Class 15 Plum Marmalade Class 16 Pear Marmalade
- Class 17 Any other marmalade Class 18 Conserve Class 19 Chutney Class 20 Apple Butter Class 21 Grape Butter Class 22 Plum Butter Class 23 Any other fruit butter Class 24 Any kind of fruit syrup Class 25 Best display of preserves, marmalades, syrups, conserves and butters, 3 different varieties

## **Division 4: Canned fruit**

Judging criteria: Shape, color, and consistency of fruit; good proportion of fruit to syrup. Syrup is neither watery nor too heavy; clearness; proper jar headspace.

Class 1 Cherries	Class 7 Apples	Class 14 Wild Plums
Class 2 Peaches (yellow)	Class 8 Applesauce	Class 15 Rhubarb
Class 3 Pears	Class 9 Blackberries	Class 16 Fruit Nectar
Class 4 Strawberries	Class 10 Chokecherries	Class 17 Wine
Class 5 Apricots	Class 11 Gooseberries	Class 18 Fruit Salsa
Class 6 Plums	Class 12 Mincemeat	Class 19 Any other, not listed
	Class 13 Mincemeat (green tomato)	Class 20 Best display canned fruit,
		3 different varieties

### **Division 5: Canned tomatoes and tomato products**

Judging criteria: Uniform in size; prime stage of maturity; shape is well preserved; natural color; no indication of spoilage; bright, clear liquid; liquid covers food in the jar; full, but not crowded pack; proper jar headspace.

Class 1 Tomato Juice Class 2 Tomato/Veg. Juice Blend Class 3 Tomatoes Class 4 Tomato Sauce Class 5 Spaghetti Sauce Class 6 Salsa Class 7 Chili Sauce Class 8 Any other, not listed Class 9 Best display canned tomatoes and tomato products, 3 different varieties

## **Division 6: Canned vegetables**

Judging criteria: Condition of vegetables; uniformity in size and shape; color; good proportion of vegetables to liquid; clearness of liquid; proper jar headspace.

Class 1 Beans Class 2 Peas Class 3 Beets Class 4 Carrots Class 5 Asparagus

- Class 6 Corn Class 7 Spinach Class 8 Pumpkin Class 9 Swiss Chard Class 10 Succotash
- Class 11 Vegetable Soup or Stew Class 12 Mixed Vegetables Class 13 Squash Class 14 Any other, not listed Class 15 Best display canned vegetables, 3 different varieties

## **Division 7: Canned meat**

Judging criteria: Appearance of meat; size and uniformity of pieces; correct amount of liquid and fat; proper jar headspace.

Class 1 Beef
Class 2 Mutton
Class 3 Lamb
Class 3 Sausage
Class 4 Chicken

- Class 5 Turkey Class 6 Wild Game Class 7 Pork Class 8 Fish Class 9 Meat Soup Stock
- Class 10 Wild Fowl, any kind Class 11 Chili Class 12 Mincemeat Class 13 Any other, not listed Class 14 Best display canned meat, 3 different varieties

## **Division 8: Pickles and relish**

Judging criteria: Produce uniform in size, color, and shape; plump and not shrunken; clear liquid; pickled fruits tender, unbroken skins; pickled cucumbers - uniformly crisp and firm, no artificial coloring; attractive, economical pack of solids and liquid without crowding; liquid over the top of produce. Relish—mixture of evenly chopped vegetables, uniform in size, shape, and color; clear liquid; color—bright, fairly clear, and characteristic of kind of produce; proper jar headspace.

Class 1 Cucumbers, Sweet Pickles	Class 15 Beet Relish
Class 2 Lime Pickles	Class 16 Cabbage Relish
Class 3 Cucumbers, Dill Pickles	Class 17 Corn Relish
Class 4 Watermelon Pickles	Class 18 Cucumber Relish
Class 5 Beet Pickles	Class 19 Green Tomato Relish
Class 6 Tomato Pickles	Class 20 Dilled Beans
Class 7 Sweet Pickle, Peaches (yellow)	Class 21 Piccalilli
Class 8 Mustard Pickles	Class 22 Sauerkraut
Class 9 Bread and Butter Pickles	Class 23 Pepper Relish
Class 10 Crab Apple Pickles	Class 24 Horseradish
Class 11 Any Other Vegetable Pickles	Class 25 Pickled Peppers
Class 12 Any Other Fruit Pickles	Class 26 Pickled Asparagus
Class 13 Pickle Relish	Class 27 Any Other Kind of Relish
Class 14 Mixed Relish	Class 28 Best display pickles and relishes, 3 different varieties

## **Division 9: Condiments**

Judging criteria: Proper consistency for the product; pleasing and appropriate color for specific product; appropriate texture for the product; vinegars should be clear; proper jar headspace

Class 1 Ketchup	Class 4 Mustard
Class 2 Barbeque Sauce	Class 5 Vinegar
Class 3 Chili Sauce	Class 6 Any Other Condiment
	Class 7 Best display condiments, 3 different varieties

## **Division 10: Dried foods**

Judging criteria: Entries will be evaluated on pliability, color, flavor, shape, texture, uniformity, overall dryness, and overall appearance.

- 1. All foods must be the product of the previous year through present date.
- 2. All dried foods must include the following information on the label:
  - Name of product
  - Pretreatment used, if any
  - Name of additional ingredients added, if any
  - Method of drying (oven, dehydrator, solar)
  - Total drying time
  - Date dried

## IF LABEL IS NOT ATTACHED, THE EXHIBIT WILL BE DISQUALIFIED.

3. Jerky MUST be prepared according to recipes from the approved sources. Include your recipe with your entry. Check with your local University of Wyoming Extension Office to obtain approved recipes.

Class 1 Strawberries ( $\frac{1}{4}$ cup)	Class 11 Mushrooms (¼ cup)
Class 2 Apples (¼ cup)	Class 12 Dried Vegetable Mix (¼ cup)
Class 3 Grapes (¼ cup)	Class 13 Any Other Vegetable (¼ cup)
Class 4 Bananas (¼ cup)	Class 14 Soup Mix (½ cup)
Class 5 Raspberries (¼ cup)	Class 15 Herbs (¼ cup)
Class 6 Tomatoes (¼ cup)	Class 16 Meat (6 pieces)
Class 7 Dried Fruit Mix (¼ cup)	Class 17 Trail Mix (½ cup)
Class 8 Fruit Leather (6 pieces)	Class 18 Granola (¼ cup)
Class 9 Any Other Fruit (¼ cup)	Class 19 Any other dried food
Class 10 Onions (¼ cup)	Class 20 Best display of dried foods, 3 different varieties

### **Division 11: Freeze-dried foods**

Judging criteria: Entries will be evaluated on color, flavor, shape, texture, uniformity, and overall appearance.

- 1. All foods must be the product of the previous year through present date.
- 2. All dried foods must include the following information on the label:
  - Name of product
  - Name of additional ingredients added, if any
  - Total drying time
  - Date dried

#### IF LABEL IS NOT ATTACHED, THE EXHIBIT WILL BE DISQUALIFIED.

3. Jerky MUST be prepared according to recipes from approved sources. Include your recipe with your entry. If it is not included, the exhibit will be disqualified. Check with your local University of Wyoming Extension Office to obtain approved recipes.

Class 1 Fruit	Class 7 Eggs
Class 2 Vegetable	Class 8 Combination Food
Class 3 Red Meat	Class 9 Meals
Class 4 Poultry	Class 10 Candy
Class 5 Fish	Class 11 Snacks
Class 6 Diary (cheese, yogurt, ice cream)	Class 12 Any Other

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